

**370**  
Daily  
**373**

## Romford – Hornchurch – Grays

Daily

373

Mondays to  
Saturdays

Map of the District Line showing stations 370 and 373, and branches to North Ockendon, Old White Horse, and Lakeside & Grays.

## **Aveley Road** *White Post Wood*

### FARE ZONE 4(5,6)

## OUTSIDE FARE ZONES

**Mondays to Fridays**

Route:	373	370	373	370	373	370	373	370	373	370	373	370	373	370	
Romford Mercury Gardens	1130	1145	00	15	30	45	1500	1515	1530	1545	1600	1617	1632	1647	
Romford Station	1133	1148	03	18	33	48	1503	1518	1533	1549	1605	1622	1637	1652	
Gidea Park Drill	1137	1152	Then	07	22	37	52	1507	1522	1537	1554	1610	1627	1642	1657
Hornchurch Town Centre	1143	1158	at	13	28	43	58	1513	1528	1543	1600	1616	1633	1648	1703
Upminster Station	1149	1204	these	19	34	49	04	1519	1534	1549	1606	1622	1639	1654	1709
Upminster St. Laurence's Church	1150	1205	minutes	20	35	50	05	until	1520	1535	1550	1607	1623	1640	1655
Corbets Tey Harrow Hall Lane	1155		past	25		55			1525		1555		1628		1700
Aveley Usk Road	1203	↓	the	33	↓	03	↓		1533	↓	1603	↓	1636	↓	1738
Corbets Tey Huntsman & Hounds	1211	hour		41		11			1541		1613		1646		1716
North Ockendon Old White Horse	1218	↓		48	↓	18	↓		1548	↓	1620	↓	1653	↓	1753
Lakeside Shopping Centre	1228	1232		58	02	28	32		1558	1602	1628	1634	1701	1707	1733
Gravesend Bus Station	1237	1244		07	14	37	44		1607	1614	1637	1646	1710	1719	1742

Route:	373	370	373	370	373	370	370	370	370	370	370	370	370
Romford Mercury Gardens	1732	1747	1802	1817	1832	1905	1935	2005	2040	2140	2240	2340	
Romford Station ↗	1737	1752	1807	1820	1835	1908	1938	2008	2043	2143	2243	2343	
Gidea Park Drill	1742	1757	1812	1824	1839	1912	1942	2012	2047	2147	2247	2347	
Hornchurch Town Centre	1748	1803	1818	1829	1844	1917	1947	2017	2052	2152	2252	2352	
Upminster Station ⚡ ↗	1754	1809	1824	1835	1849	1922	1952	2022	2057	2157	2257	2357	
Upminster St. Laurences Church	1755	1810	1825	1836	1850	1923	1953	2023	2058	2158	2258	2358	
Corbets Tey Harwood Hall Lane	1800		1830		1855								
Aveley Usk Road	1808	↓	1838	↓	1902	↓							
Corbets Tey Huntsman & Hounds		1816		1841		1928	1958	2028	2103	2203	2303	0003	
North Ockendon Old White Horse		1822		1847		1934	2004	2034	2109	2209	2309	0009	
Lakeside Shopping Centre	1833	1835	1902	1900	1924	1947	2017	2047	2121	2222	2322	0022	
Gravesend Station ↗	1842	1845	1910	1916	1931	1957	2027	2057	2132	2232	2332	0032	

### Saturdays

Route:	370	370	370	370	373	370	373	370	373	370	373	370	373	370	373	370		
Romford Mercury Gardens	0647	0717	0747	0819	0830	0845	00	15	30	45	1600	1615	1630	1645	1700	1715		
Romford Station ↗	0650	0720	0750	0822	0833	0848	03	18	33	48	1603	1618	1633	1648	1703	1718		
Gidea Park Drill	0654	0724	0754	0826	0837	0852	Then	07	22	37	52	1607	1622	1637	1652	1707	1722	
Hornchurch Town Centre	0659	0729	0759	0831	0843	0858	at	13	28	43	58	1613	1628	1643	1658	1712	1727	
Upminster Station ⚡ ↗	0704	0734	0804	0836	0849	0904	these	19	34	49	04	1619	1634	1649	1703	1717	1732	
Upminster St. Laurence's Church	0705	0735	0805	0837	0850	0905	minutes	20	35	50	05	until	1620	1635	1650	1704	1718	1733
Corbets Tey Harwood Hall Lane					0855		past	25	55			1625		1655		1722		
Aveley Usk Road	↓	↓	↓	↓	0903	↓	the	33	03	↓		1633	↓	1703	↓	1728	↓	
Corbets Tey Huntsman & Hounds	0710	0740	0810	0842		0911	hour	41	11			1641	↓	1709	↓	1738	↓	
North Ockendon Old White Horse	0716	0746	0816	0848		0918		48	18			1648	↓	1715	↓	1744	↓	
Lakeside Shopping Centre	0730	0800	0830	0902	0928	0932		58	02	28	32	1658	1702	1724	1723	1749	1757	
Grays Bus Station ↗	0742	0812	0842	0914	0937	0944		07	14	37	44	1707	1714	1732	1739	1757	1807	

**Saturdays – continued**

## **Sundays and Public Holidays**

Route:	373	370	373	370	370	370	370	370	370	370	370	370	370	370	370
Romford Mercury Gardens	1735	1750	1805	1835	1905	1935	2005	2040	2140	2240	2340	0840	40	2340	
Romford Station ↗	1738	1753	1808	1838	1908	1938	2008	2043	2143	2243	2343	0843	43	2343	
Gidea Park Drill	1742	1757	1812	1842	1912	1942	2012	2047	2147	2247	2347	0847	Then	47	2347
Hornchurch Town Centre	1747	1802	1817	1847	1917	1947	2017	2052	2152	2252	2352	0852	every	52	2352
Upminster Station ⚡ ↗	1752	1807	1822	1852	1922	1952	2022	2057	2157	2257	2357	0857	60 minutes,	57	2357
Upminster St. Laurence's Church	1753	1808	1823	1853	1923	1953	2023	2058	2158	2258	2358	0858	at these	58	until
Corbets Tey Harwood Hall Lane	1757		1827										minutes		
Aveley Usk Road	1803	↓	1833	↓									past the	↓	
Corbets Tey Huntsman & Hounds	1813	↓	1858	↓	1928	↓	1958	↓	2028	↓	2103	↓	2203	↓	0003
North Ockendon Old White Horse	1819	↓	1904	↓	1934	↓	2004	↓	2034	↓	2109	↓	2209	↓	0009
Lakeside Shopping Centre	1824	1832	1854	1917	1947	2017	2047	2122	2222	2322	0022	0922	0909	09	0009
West Thurrock Ship	1832	1842	1802	1927	1957	2027	2057	2132	2232	2332	0032	0925	22	0022	
Gravesend Bus Station ↗	1832	1842	1802	1927	1957	2027	2057	2132	2232	2332	0032	0930	30	0030	

**370**  
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## Grays – Hornchurch – Romford

From  
Grays &  
Lakeside

North Ockendon  
Old White Horse  
Burbs

Corbets Tey

Upminster Station Ø ↗  
Hornchurch

Ardleigh Green  
Gid

Romford Station   
Romford  
St. Edwards  
Way

**Aveley Road  
White Post Wood**

## OUTSIDE FARE ZONES

## FARE ZONE 4(5,6)

**Mondays to Fridays**

Route:	370	370	373	370	373	370	373	370	370	373	370	373	370	373	370	373	370	373	370	373
Grays Bus Station ↗	0549	0614	0631	0638	0652	0708	0717	0735	0750	0759	0820	0832	0853	0902	0923	0932	0953	1002		
Lakeside Shopping Centre	0559	0624	V	0649	V	0720	0726	0747	0802	0808	0832	0841	0905	0911	0935	0941	1005	1011		
North Ockendon Old White Horse	0612	0638		0703		0734		0801	0816		0846		0919		0949		1019			
Corbets Tey Huntsman & Hounds	0618	0644	↓	0710	↓	0741	↓	0808	0823	↓	0853	↓	0926	↓	0956	↓	1026	↓		
Aveley Usk Road			0656		0721		0751		0833		0906		0936		1006		1036			
Corbets Tey Harwood Hall Lane			0702		0727		0757		0829	↓	0912	↓	0942		1012	↓	1042			
Upminster Station ☐ ↗	0623	0649	0707	0716	0732	0747	0802	0814	0829	0844	0859	0917	0932	0947	1002	1017	1032	1047		
Upminster St. Laurence's Church	0625	0651	...	0718	0734	0749	0804	0816	0831	0846	0901	0919	0934	0949	1004	1019	1034	1049		
Hornchurch Town Centre	0629	0655	...	0723	0739	0754	0809	0821	0836	0851	0906	0924	0939	0954	1009	1024	1039	1054		
Gidea Park Drill	0634	0701	...	0729	0745	0800	0815	0827	0842	0857	0912	0930	0945	1000	1015	1030	1045	1100		
Romford Station ↗	0637	0705	...	0734	0750	0805	0820	0832	0847	0902	0917	0934	0949	1004	1019	1034	1049	1104		
Romford Mercury Gardens	0639	0708		0738	0754	0810	0825	0837	0852	0907	0922	0937	0952	1007	1022	1037	1052	1107		

Route:	370	373		370	373	370	373		370	373	370	373	370	373	370	373	370	373	370	373
Grays Bus Station ↗	1023	1032		53	02	23	32		1353	1402	1423	1432	1453	1502	1523	1537	1553	1602		
Lakeside Shopping Centre	1035	1041		05	11	35	41		1405	1411	1435	1441	1505	1511	1535	V	1605	1611		
North Ockendon Old White Horse	1049		Then	19		49			1419		1449		1519		1549		1619			
Corbets Tey Huntsman & Hounds	1056	↓	at	26	↓	56	↓		1426	↓	1456	↓	1526	↓	1556	↓	1626	↓		
Aveley Usk Road		1106	these		36		06			1436		1506		1536		1606		1636		
Corbets Tey Harwood Hall Lane		1112	minutes		42	↓	12	until		1442	↓	1512	↓	1542	↓	1612	↓	1642		
Upminster Station ☐ ↗	1102	1117	past	32	47	02	17		1432	1447	1502	1517	1532	1547	1602	1617	1632	1647		
Upminster St. Laurence's Church	1104	1119	the	34	49	04	19		1434	1449	1504	1519	1534	1549	1604	1619	1634	1649		
Hornchurch Town Centre	1109	1124	hour	39	54	09	24		1439	1454	1509	1524	1539	1554	1609	1624	1639	1654		
Gidea Park Drill	1115	1130		45	00	15	30		1445	1500	1515	1530	1545	1600	1615	1630	1645	1700		
Romford Station ↗	1119	1134		49	04	19	34		1449	1504	1519	1534	1549	1605	1620	1635	1650	1705		
Romford Mercury Gardens	1122	1137		52	07	22	37		1452	1507	1522	1537	1552	1609	1625	1640	1655	1710		

**Mondays to Fridays – continued**

Route:	370	373	370	373	370	370	370	370	370	370	370	370	370	370	370	370	370	370	373
Grays Bus Station	1623	1632	1653	1702	1726	1750	1818	1857	1940	2040	2140	2240	0551	0621	0651	0721	0728		
Lakeside Shopping Centre	1635	1641	1705	1711	1738	1802	1830	1907	1950	2050	2150	2250	0601	0631	0701	0731	0736		
North Ockendon Old White Horse	1649		1719		1752	1815	1843	1919	2002	2102	2202	2302	0614	0644	0714	0744			
Corbets Tey Huntsman & Hounds	1656	↓	1726	↓	1759	1822	1849	1925	2008	2108	2208	2308	0620	0650	0720	0750		↓	
Aveley Usk Road		1706		1736													0757		
Corbets Tey Harwood Hall Lane		1712		1742													0802		
Upminster Station	1702	1717	1732	1747	1805	1828	1854	1930	2013	2113	2213	2313	0625	0655	0725	0755	0806		
Upminster St. Laurence's Church	1704	1719	1734	1749	1807	1830	1856	1932	2015	2115	2215	2315	0627	0657	0727	0757	0808		
Hornchurch Town Centre	1709	1724	1739	1754	1812	1834	1900	1936	2019	2119	2219	2319	0631	0701	0731	0801	0812		
Gidea Park Drill	1715	1730	1745	1800	1818	1839	1905	1941	2024	2124	2224	2324	0636	0706	0736	0806	0817		
Romford Station	1720	1735	1750	1805	1822	1843	1909	1945	2028	2128	2228	2328	0639	0709	0739	0810	0821		
Romford Mercurv Gardens	1725	1740	1755	1810	1825	1846	1912	1948	2031	2131	2231	2331	0641	0711	0741	0813	0824		

## Saturdays—continued

Route:	370	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	
Grays Bus Station	0746	0801	0811	0826	0834	0853	0902	0923			32	53	02	23	1532	1553	1602
Lakeside Shopping Centre	0757	0812	0819	0837	0842	0905	0911	0935			41	05	11	35	1541	1605	1611
North Ockendon Old White Horse	0810	0825		0850		0919		0949	Then		19		49		1619		1649
Corbets Tey Huntsman & Hounds	0816	0831	↓	0856	↓	0926	↓	0956	at		26	↓	56	↓	1626	↓	1656
Aveley Usk Road			0840		0906		0936		these	06	36			1606		1636	
Corbets Tey Harwood Hall Lane			↓	0845	↓	0912	↓	0942	minutes	12	42			1612	↓	1642	
Upminster Station	0821	0836	0849	0902	0917	0932	0947	1002	past	17	32	47	02	1617	1632	1647	
Upminster St. Laurence's Church	0823	0838	0851	0904	0919	0934	0949	1004	the	19	34	49	04	1619	1634	1649	
Hornchurch Town Centre	0827	0842	0855	0909	0924	0939	0954	1009	hour	24	39	54	09	1624	1639	1654	
Gidea Park Drill	0832	0847	0900	0915	0930	0945	1000	1015		30	45	00	15	1630	1645	1700	
Romford Station	0836	0851	0904	0919	0934	0950	1004	1019		34	49	04	19	1634	1649	1704	
Romford Mercury Gardens	0839	0854	0907	0922	0937	0955	1007	1022		37	52	07	22	1637	1652	1707	

**Saturday - continued**

Saturdays - Continued												Sundays and Public Holidays		
Route:	373	370	370	370	370	370	370	370	370	370	370	370	370	370
Grays Bus Station	1632	1653	1724	1754	1829	1901	1940	2040	2140	2240				
West Thurrock Ship											0746	46	2246	
Lakeside Shopping Centre	1641	1705	1736	1806	1840	1911	1950	2050	2150	2250	0751	51	2251	
North Ockendon Old White Horse	1719	1749	1819	1852	1923	2002	2102	2202	2302		0754	Then	54	2254
Corbets Tey Huntsman & Hounds	1725	1755	1825	1858	1929	2008	2108	2208	2308		0806	every	06	2306
Aveley Usk Road	1705										0812	60 minutes, 12		2312
Corbets Tey Harwood Hall Lane	1711											at these		
Upminster Station	1716	1730	1800	1830	1903	1934	2013	2113	2213	2313	0817	minutes		
Upminster St. Laurence's Church	1718	1732	1802	1832	1905	1936	2015	2115	2215	2315	0819	past the	17	2317
Hornchurch Town Centre	1723	1736	1806	1836	1909	1940	2019	2119	2219	2319	0819	hour	19	2319
Gidea Park Drill	1729	1742	1812	1841	1914	1945	2024	2124	2224	2324	0823		23	2323
Romford Station	1733	1746	1816	1845	1918	1949	2028	2128	2228	2328	0828		28	2328
Romford Mercury Gardens	1736	1749	1819	1848	1921	1952	2031	2131	2231	2331	0832		32	2332
											0835		35	2335

### V-Runs via North Stifford.